



### Editorial board

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**E- letter coordinator: Issue 2**  
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### “International Conference on Impact of Global Issues on Women and Children, 2017”

International Conference on ‘Impact of Global Issues on Women and Children’ was organized by Manipal College of Nursing, Manipal University Manipal from 9<sup>th</sup> to 12<sup>th</sup> January 2017 at Dr. T.M.A. Pai Auditorium, KMC, Manipal.

The conference was inaugurated by Smt. Priyanka Mary Francis, IAS, Chief Executive Officer, Udupi Zilla Panchayath, Manipal. Dr. H S Ballal, Pro Chancellor, Manipal University, Manipal presided over the function. The conference was collaborated with 24 institutions- both national and international- from 14 countries. On the first day, various speakers spoke on different themes of the conference such as Lessons learned from global disasters (Flood, Tsunami & Earthquake); Impact of Violence/War/Terrorism on Children and Women; Biological Health Issues; Empowerment of Children and Women; HIV/AIDS/Tuberculosis: Children and Women; Prevention/ Rehabilitation: Physical & Mental Health of Children and Women; Adolescent Male/Female Issues and Depression (chronic illness, societal barriers, aging). On second day of the conference, about 110 research papers were presented by both international and national delegates. Third day continued with the plenary sessions on the theme Empowerment of women and children and Women & Children Issues by national and international speakers.

The participants appreciated the conference. They applauded the program with the following words: inspiration, drive for change, team work, wonderful experience, widening the idea on issues around the world, excellent presentations, good way of presentations, and more opportunity for learning. The day ended with the vote of thanks by Dr. Anice George, Dean, Manipal College of Nursing Manipal.





## “Lamp lighting ceremony 2017”

The lamp lighting ceremony for the 27th batch of BSc Nursing students of Manipal College of Nursing Manipal was held on 14th January 2017 at Shirdi Saibaba Conference hall, Cancer Block, 3rd floor, KH, Manipal.

Dr Elissa Ladd, Associate Professor, MGH Institute of Health Professions, School of Nursing, Boston, Massachusetts and the Adjunct Professor of MCON Manipal was the Chief Guest for the programme. Dr Ladd spoke on nursing leadership with special emphasis on patient safety, drug adverse effects, infection control measures and quality and safety in patient care. All 99 students were welcomed into the profession by taking the nurses oath delivered by the Dean, Dr. Anice George.



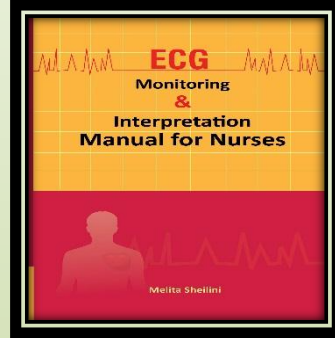
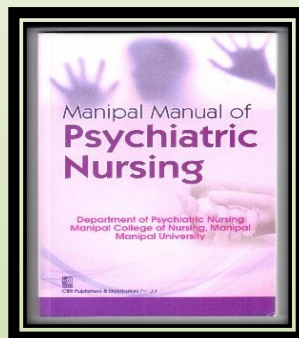
## “Annual day 2017”

27<sup>th</sup> annual day of MCON was celebrated on 28<sup>th</sup> January 2017 at Dr TMA Pai Hall, KMC, Manipal. The Chief Guest of the function, Major General Elizabeth John, Principal Matron, Army Hospital, New Delhi addressed students, faculty, parents and others. She congratulated the students and their parents for choosing nursing as their profession.

Dr. H S Ballal the Pro Chancellor of Manipal University presided over the programme and appreciated the contributions of nurses to the health care industry. Meritorious students of BSc Nursing, PBBSc Nursing, MSc Nursing and MPhil Nursing were awarded and faculty were also awarded for their achievements.

## “Release of Books and Alumni e-news letter”

MCON Manipal on the occasion of Annual Day 2017 released books and alumni e-news letter.



## ECG monitoring and Interpretation-Manual for Nurses- By Mrs Melita Sheilini

Mrs Melita Sheilini, asst. Prof., MCON, MU, Manipal has written this book keeping in mind the technological advancements in the field of health care services. It is a very useful book for the nursing students and staff, who are front line care givers in the critical care units .

## Manipal Manual of Psychiatric Nursing

Department of Psychiatric Nursing has come out with this manual which covers all the important practical aspects including assessment, therapeutic nurse-patient relationship, therapies and restraints. It can be a resource for nurses working in inpatient psychiatry, all groups of nursing students, and nursing faculty who teach undergraduate and postgraduate psychiatric nursing students.

## MCON e-news letter

First Alumni e- news letter of Manipal College of Nursing was released during the Annual Day. Mrs Anjali, the 1<sup>st</sup> MCON e- news letter coordinator (Issue 1) prepared the e news letter covering the reports from all the departments, student achievements and alumni achievements.







## “International Childhood Cancer Week - 2017”

International Childhood Cancer week was observed by the Department of Child Health Nursing, MCON Manipal. The theme for the year 2017 given by ICCPO was “Together for Kids with Cancer, Do more- Care more”. A cancer awareness program was conducted in Christian PU College Udupi, on 7<sup>th</sup> February 2017.

A workshop was conducted on 9<sup>th</sup> February 2017 on the theme. Dr. Suneel C Mundkur, Additional Professor, KMC, Manipal discussed the emergencies in pediatric cancer patients. Managing side effects of cancer treatment was dealt by Dr. Baby S Nayak, Professor, Manipal College of Nursing Manipal. Drawing competition and poster competition were conducted on the theme and prizes were given.

## ‘Nursing update - 2017’

Two days workshop on “Nursing sensitive quality indicators” and skills of interpretation for X-rays, CT / MRI scans and also basic acid base balance was organized by the final year M.Sc nursing students and Faculty of Medical Surgical Nursing Department, Manipal College of Nursing, Manipal University, Manipal during 25<sup>th</sup>- 26<sup>th</sup> February 2017.



Dr Padmaraj Hegde, Professor of Urology Department, KMC Manipal, in his inaugural address emphasized the importance of qualified nursing team in the highly complex clinical scenario to tackle the complex issues and thus prevent complications. Dr Anice George, Dean Manipal College of Nursing said that the core of nursing is “Care”.

Dr Christopher Sudhaker, the Deputy Director, Quality and Compliance, Manipal University shared his expertise on sensitive nursing quality indicators. Dr. Jyothi Chakrabarty, Dr. Raejsh Nair and Mrs. Melita Sheilini enlightened the crowd with their amazing clinical knowledge on interpretation of X-Rays, CT, MRI and ABG reports. To cultivate the habit of innovative culture, Dr. Elsa Sanatombi Devi, educated the spectators on clinical issues encountered in everyday life.



## “International Women’s Day 2017 “

The faculty and II year M.Sc Nursing students of Department of Obstetrics and Gynaecological Nursing, Manipal College of Nursing Manipal, Manipal University celebrated International Women’s Day on 8<sup>th</sup> March 2017. The campaign was celebrated with the theme ‘Be Bold For Change’ in collaboration with Junior Chamber International (JCI), JCrt wing- JCI Kallianpura and Women’s Cell, Milagres College, Kallianpura.

The Guest of Honour Dr. Muralidhar V Pai shed light on the theme “Be Bold for Change”. Dr. Anice George spoke on how International Women’s Day celebrations began and also elaborated on the meaning of the theme. Dr. Gerald Pinto thanked constituent institutions of Manipal University for conducting many activities in Milagres College.



## “World Tuberculosis Day- 2017”

As a part of World Tuberculosis Day 2017, the faculty of the Department of Medical Surgical Nursing and the Department of Community Health Nursing of Manipal College of Nursing Manipal organised Poster competition on the theme ‘Unite to end TB’ on 24<sup>th</sup> of March 2017 in Pulmonary care ward of Kasturba Hospital, Manipal and Socio Drama at Pragathi Soudha, Sri Kshetra Dharmasthala Rural Development and Training Centre Udupi.

The poster competition was inaugurated by Dr. Aswini Kumar Mohapatra, HOD, Dept. of Pulmonary Medicine and Dr. Anice George, Dean, MCON Manipal. MCON organised an awareness programme on Tuberculosis and its prevention at Pragathi Soudha, in association with Department of District Health and Family Welfare, and District Tuberculosis Prevention and Control Department. The programme was inaugurated by Sri. Pramod Madwaraj, Hon. Minister for Youth, Sports and Fisheries, Government of Karnataka. Dr Rohini, DHO Udupi, addressed the gathering and highlighted on worldwide and District level incidence and prevalence of tuberculosis in the current year.

During this event, the students of 4<sup>th</sup> Year BSc Nursing performed a socio drama to create awareness on Tuberculosis. Mr. Suresh, Public Private Mix Coordinator of District Tuberculosis Prevention and Control Department, Udupi also took part in the socio drama and explained on DOTS treatment and preventive measures. The same socio drama was recorded and broadcast in FM radio on the same day to create awareness to the general public.

## Events (January 2017 to June 2017)

- ❖ International Conference - 9<sup>th</sup>-12<sup>th</sup> January 2017
- ❖ National Youth Day - 12<sup>th</sup> January 2017
- ❖ Lamp Lighting Ceremony - 14<sup>th</sup> January 2017
- ❖ Republic Day - 26<sup>th</sup> January 2017
- ❖ Annual Day - 28<sup>th</sup> January 2017
- ❖ International Women’s Day 8<sup>th</sup> February 2017
- ❖ World TB Day 24<sup>th</sup> March 2017
- ❖ International Childhood Cancer Week - 7<sup>th</sup> February 2017
- ❖ World Cancer Day - 4<sup>th</sup> February 2017
- ❖ World Health Day - 7<sup>th</sup> April 2017
- ❖ International Nurses’ Day - 12<sup>th</sup> May 2017

## Upcoming Events (July 2017 to December 2017)

- ∞ Breast feeding Week August 2017
- ∞ Independence Day - 15<sup>th</sup> August 2017
- ∞ Alzheimer’s Day - 21<sup>st</sup> September 2017
- ∞ Teachers Day - September 2017
- ∞ Suicide Prevention Day - 10<sup>th</sup> September 2017
- ∞ World Heart Day - 29<sup>th</sup> September 2017
- ∞ World Mental Health Day - 10<sup>th</sup> October 2017
- ∞ World Obesity Day - 11<sup>th</sup> October 2017
- ∞ Children’s Day - 14<sup>th</sup> November 2017
- ∞ Newborn Week - 2<sup>nd</sup> week of November 2017
- ∞ World Diabetes Day - 14<sup>th</sup> November 2017
- ∞ Imprintz - 11<sup>th</sup> November 2017
- ∞ World AIDS Day - 1<sup>st</sup> December 2017

# Achievements

## MCON Bags 1<sup>st</sup> price for innovations

Manipal College of Nursing bagged 1<sup>st</sup> prize and consolation prize for the innovative ideas of its faculty, viz: Urosac Comforter won the 1<sup>st</sup> prize and Plaster Friendly Supporting Device won consolation prize.

### “Urosac Comforter”

**Inventors:** Shalini G Nayak, Janet Alva, Prima J J D’Souza

This device is developed as a patient safety measure to enhance unobstructed flow of urine and to prevent the traction on the catheter when patients walk. It is a non-slippery, adjustable and comfortable system that is easily secured to the patient’s leg at the level of the thigh. The device is prepared with stiff two inches cotton bandage material with cotton ring to fix it to secure the urosac bag. The posterior aspect has adjustable velcro material to fix around the thigh. Since the device is made up of cotton, it is non-irritable for skin and can be used by all age groups. This helps to improve the patient comfort and safety.

### “Plaster Friendly Supporting Device”

**Inventors:** Dr. Leena Sequira, Mrs. Janet Prameela, Dr. Elsa Sanatombi Devi

This device helps the patient to keep the extremity (hand or leg) in a comfortable position while POP is being applied. There is no need for a bystander to hold and support the extremity during application of plaster cast which is very strenuous for the bystander. The treating physician can adjust the height of the supporting device as per his/ her convenience. It is made up of metal and has a cushioned top to place the limb.

This device also can be used during dressing bandaging of lower and upper extremities. It greatly helps during diabetic foot debridement.



## “State level competition of Student Nurses’ Association - 2017”

State level competition of Student Nurses’ Association was held on 4<sup>th</sup> May 2017 at Devraj Urs College of Nursing, Kolar. Seven Students of Manipal College of Nursing, who won first prize at the Mysore Zonal competitions, participated in this event. Ms. Meghna Pandit, won First prize in ‘Ms. Personality’ and Ms. Neha H , 2<sup>nd</sup> prize in 100 meter race. These students are eligible to participate at the National level.



**Ms. Meghna Pandit**  
Second year BSc (N)  
First prize in  
**Ms. Personality**



**Ms. Neha H**  
Second year BSc (N)  
Second prize  
**100 meter race**



## Adding Pride to MCON



Ms. Anju Menon alumna of MCON Manipal, is currently working as registered nurse in surgical setting at Cork University Hospital, Cork. She has completed Post Graduate Diploma in Medical Surgical Nursing, Diploma in management and Diploma in Social Studies. Currently she is pursuing Masters in Medical Surgical Nursing.

## Kuwait alumni meet



On 18<sup>th</sup> March 2017 Dr Elsa Sanatombi Devi and Mr Anil Raj organized a get together of MCON alumni at Kuwait Towers. Objective of the meet was fellowship, whereabouts, their work enhancement plan and also to encourage them to visit alma mater sometime during their vacation. Mrs Charlotte, ICU Head Nurse has promised to visit MCON during July 2017. She oriented on the ICU management strategies at high level facilities. Mrs Immaculate, from the quality office team expressed her gratitude towards MCON for its inputs towards quality education that shaped her to take up responsibilities as accountable quality officer at AL Salam. She has her future plan to become country's auditor for quality patient care.

## Testimonials

**Shalini.** PC BSc (N)-2008-2010 MSc(N)-2010-2012. Nurse Educator at Kasturba Hospital, Manipal.

### Career Enhancement and professional molding by MCON

'MCON, Manipal being one of the best nursing education Institutions In India hosting national and international students in basic and higher nursing courses has created its own imprints in the career of its students. I am blessed to be an alumnus of this great institution. The educators in MCON are firm but very enthusiastic, motivated and willing to mentor and support each student'.



**Ms. Immaculate Picardo,** Quality Management Officer Al Salam International Hospital, Kuwait.

'Earning my Bachelor's degree from Manipal College of Nursing was one of the best decisions of my life. My Alma Mater has provided me with a holistic and dynamic learning experience closely knitting all subjects together. MCON has consistently been in par with the recent trends of nursing administration and practice thereby infusing and refining the same in students.

As the world is faced with challenges in the nursing profession, I feel blessed, for, MCON has laid the foundation and provided me with quality education to face the challenges, apply and enhance the skills, in order to be at par with the current trends.

