

Communique

Official Newsletter of Manipal College of Dental Sciences, Mangalore

NIRF ranking

All India
6th Rank

Ministry of Human Resource Development,
Government of India



MANIPAL COLLEGE
OF DENTAL SCIENCES
MANGALORE
(A constituent unit of MAHE, Manipal)

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Dean**Dr. Ashita Uppoor**
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Associate Dean

Editorial

It is indeed an honor to pen my thoughts for this issue of the communiqué, the vibrant newsletter of MCOADS, Mangalore. *Communique* was the brain child of our beloved Dean, Dr Dilip G. Naik who always was ahead of this times and saw the need to showcase the achievements of our students, faculty and the alumni. This news letter that originates from every Department in MCOADS, Mangalore on a rotation helps the students, both past and the present keep in touch with the happenings at the dental school.

This particular issue of *Communique* is special in many ways. Our outstanding performance at the NIRF rankings, the celebration of the college annual day and how team MCOADS, Mangalore geared up to deal with the life changing Covid 19 pandemic have been captured and highlighted in the present news letter.

During this period of time, MCOADS Mangalore was also witness to change of guard at the top level. Dr. V Surendra Shetty, the founder dean and the Pro Vice Chancellor of Mangalore campus after a very long and successful career retired. Dr. Dilip Naik, succeeded him as the Pro Vice Chancellor of the Mangalore Campus. His innovative ideas, visionary thoughts and graceful demeanor will surely ensure that MCOADS Mangalore will be in the forefront of dental education in India. Also, Dr. Ashita Uppoor, the charismatic and dynamic Associate Dean took over the mantle of the Dean of MCOADS Mangalore. I am sure with Dr. Uppoor at the helm of affairs will leave no stone unturned to make our dental school the destination of choice for students and the hospital of choice for patients alike.

I would like to take this opportunity to acknowledge the support and the creative inputs from all my faculty including Dr Junaid Ahmed, Dr Ceena Denny, Dr Nandita Shenoy and Dr Almas Binnal. A special mention for Dr Nanditha Sujir for compiling the content of the news letter in the most creative way possible. Thank you Parthavee Sharma (2017 batch) for the help in cover page design and Dr Siddharth Shetty and Dr Supriya Nambiar of Orthodontics for providing photographs from the Department archives.

I would also like to sincerely thank our Dean and Associate Deans, Dr. Srikant N., Office Staff and specially Team Oral Medicine and Radiology for their unflinching support.

Kindly give us your valuable feedback on this edition of *communiqué* at oralmed.ml@manipal.edu

Happy reading.

- Dr Ravikiran Ongole

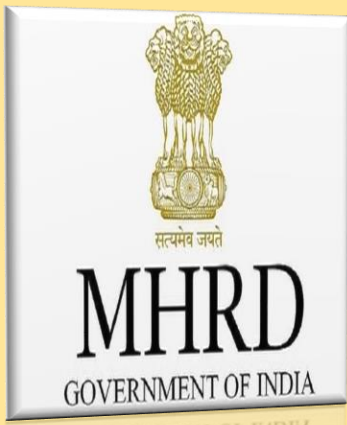
**MANIPAL COLLEGE
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India Today-MDRA
Best Colleges Ranking

RANKINGS

MCODS, Mangalore



6th

among all India Dental Colleges

**NIRF ranking launched by Ministry
of Human Resource Development,
Government of India**

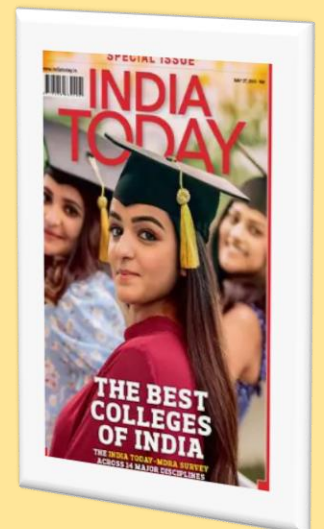
3rd

among the Private Dental Colleges

11th

among all India Dental Colleges

India Today Rankings



Congratulations

College Day Celebrations



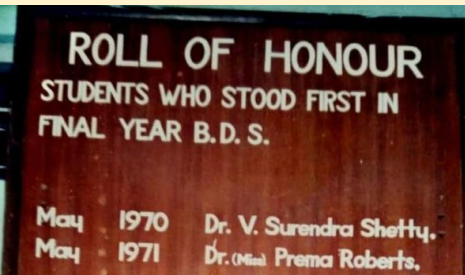
Manipal College of Dental Sciences, Mangalore celebrated its College day and awards ceremony on 13th March 2020 at the Dr. TMA Pai International Convention Center. MCOADS, Mangalore is a constituent Unit of Manipal Academy of Higher Education, Manipal. This event recognized and celebrated the achievements of the students and faculty and also reflected the remarkable progress made in the year gone by. The chief guest for the event was Dr Y Bharath Shetty, Member Legislative Assembly, Mangalore North and Vice President, Dental Council of India. He said that "talent can get you to certain position, but your attitude will determine your success." He further emphasized the need for the graduates to be a "patriot" and to give back to the society to serve the nation. Dr. V. Surendra Shetty, Pro-Vice Chancellor, Mangalore Campus, MAHE released the college magazine titled "EKAANSH" and felicitated the graduates. The formal function was followed by a gala dinner.



Thank You Sir.....



Dr Vorwady Surendra Shetty



Tenure	
Professor, Dental Surgery at KMC Mangalore & Government Wenlock Hospital	1975 to 1987
Director/Principal/Dean at MCODS, Mangalore	1987 to 2012
Pro-Vice Chancellor Manipal Academy of Higher Education	2012 to 2020

I write this to provide an insight into my father Dr V Surendra Shetty from a different perspective. To put it in a nut shell - He is one person that I have seen who always 'walked the talk'. From a personal stand point I would say that he is as steadfast about discipline and time maintenance at home as he is at the workplace. He has always made it a point attend all personal engagements/functions with the same diligence of a university board meeting and to be extremely punctual to all of the events too. His ability to connect with people of all ages and walks of life has always been a matter of amazement to me. I have always seen him to be extremely empathetic to all those around him and having a sense of happiness in helping others whenever an opportunity presented itself. He has always been one to give human relationships the top priority, in all his decision making, and always one to remember anecdotes about his various interactions with people over the years with crystal clear memory.

His relationship with the Manipal group has been a formative one from his schooling days (including when his father spoke to Dr TMA Pai regarding taking up a seat at the soon to be started Dental college at Manipal) and he has always been the proudest Alumnus and employee. He always lights up whenever he recollects his various interactions with his boss over the years the legendary Dr Ramdas Pai! At the end of a long career of service I feel that he is most happy about the relationships that he developed all along the way more than anything else!

- Dr Karthik Shetty



Activities- Pre Covid Era

CBCT Certificate Course



Department of Oral Medicine and Radiology conducted the 12th batch of CBCT certificate course. It was held from March 2nd to March 5th 2020. The program was well attended and had a participant from UK

Conso-Endo Day



Department of Conservative Dentistry and Endodontics, Manipal College of Dental Sciences, Mangalore in association with Indian Association of Conservative Dentistry and Endodontics (IACDE) on the occasion of the celebration of "CONS - ENDO DAY, 2020 conducted E- Poster, Quiz and Table Clinic competition for the undergraduate students and interns on 5th March, 2020. The program saw enthusiastic participation.



Womens Day Celebration



Women's day was celebrated on March 8th 2020.

CDE Programs

The Department of Orthodontics and Dentofacial Orthopedics in association with the Centre for Advanced Dental Education (CADE), MCOADS, Mangalore conducted a two day orientation programme for M Orth examination on 11th and 12th March, 2020. The speakers for this event were Dr Abhishek Gosh and Dr Jeegar Vakil.



During this event MCOADS Mangalore Orthodontic Alumni Association donated **Rs 4 Lakhs** for the Endowment Oration Lecture in the honor of Dr. Surendra Shetty and Dr. Subraya Mogra. MAHE very generously contributed a matching sum to further this endeavor.

Department of Orthodontics
and Dentofacial Orthopedics

*Alumni
Contributions*

Department of Prosthodontics and Crown and Bridge



The Department of Prosthodontics, MCOADS, Mangalore conducted a continuing professional Development Programme on "Prosthodontic Management in head and neck oncology - Surgical design & simulation" on 13th March 2020 at Medical Education Hall, Light House Hill Road, KMC, Mangalore. Dr. Suresh Nair, Director of Clinics, IRSM, Edmonton, Canada and Alumnus of Manipal Academy of Higher Education, Manipal, spoke on Surgical design & simulation in the Prosthodontic Management in head and neck oncology patients.

Laurels

Winners of Conso Endo Day



POSTER COMPETITION-
First prize- Sohini Saha, Karen
Stellas and Vaishnavi Gundeti



TABLE CLINIC
First prize - Debolina Bishayi,
Sonali Krishnan and Kavya Suvarna



QUIZ COMPETITION-
First prize - Maithreye S R, Pooja
Netalkar and Nirlipta Sathapathy



Shubhangi Gupta, Stuti Mishra, and Shubhangi Behl (interns- batch of 2015) bagged the 2nd position in the poster presentation competition organised by Department of Conservative Dentistry and Endodontics, AB Shetty Memorial Institute of Dental Sciences on the account of Cons-Endo Day on 5th March 2020. for their project titled "NANOTECHNOLOGY- A Recent Advancement in the treatment of Dentinal Hypersensitivity."



Aiman Itrat Abbasi won the 1st place, Mahima Seetaram won the 2nd place and Mrs Mary, senior Dental Surgery Assistant was selected as the best choice in the speech competition held at Manipal on 6th March 2020 on the occasion of International Women's Day

Pandemic & MCODS Mangalore



An unprecedented crisis was caused by the outbreak of covid 19 and MCODS, Mangalore, like the whole of humanity was caught off guard. A nation wide lockdown was imposed a day after college day (lucky for us!) and suddenly the routine was disrupted.

The thrill of the shouting holiday, the college tour for the proud parents of the graduating class, preparations for Utsav, the bustling academic schedule and many more events that were part of the 'circle of academic life' were suddenly put on indefinite hold. The college faculty and administrators worked overtime to handle the crisis.

During the lockdown the college was completely shut. Emergency services were provided for patients in need by the Department of Oral and Maxillofacial Surgery through the casualty of KMC Hospital, Attavar. This was a time for introspection and self discovery for staff and students. There was suddenly more family time. Hobbies and talents had time to emerge. Some of us found our inner master chef, while the others concluded that cooking was best left to others! We found a new level of appreciation for the help that we got in our day to day household chores.



We were coming to terms with the new normal and then quickly the staff were introduced to the concept of "work from home." This meant education was on emergency online delivery mode. Broadband and laptop were our new essential commodities. Faculty development programs were the need of the hour and training sessions were organised by the college to help faculty adapt to this digital environment as soon as possible. Dr Srikant N , HOD Oral Pathology and Microbiology took the initiative to make tutorial videos and share it through his Youtube channel, which helped all the faculty immensely.



Srikant Natarajan

332 subscribers

SUBSCRIBE

Pandemic & MCODS Mangalore

The infection control committee of our college led by Dr Suprabha B S, HOD Peadodontics and Preventive dentistry, took the initiative to make SOPs for the infection control protocols that would help the dental OPD run safely. The college reopened once the lock down was lifted. The faculty and the auxiliary staff were trained to function safely during these times. PPE was the trending fashion in the clinics as we started treating patients as per protocol.




Our faculty and students also continued their scientific endeavors during these times. Among the several publications, its worth mentioning publication by Rituparna Das, Tanupriya Bhatia, Shubham Agrawal, Nidhi Manaktala, Srikant Natarajan, Amitha Lewis, Shweta Yellapurkar titled "Efficiency of Mobile Video Sharing Application (WhatsApp®) in Live Field Image Transmission for Telepathology" in the Journal of Medical Systems, a quartile 1 ranked journal indexed in scopus. The college also went through leadership changes; a smooth transition with the baton passed to the next leader. As the scientific community grapples to find a solution to this pandemic; educational institutes are looking for innovative methods of curriculum delivery. A lot of uncertainty still looms ahead. However, MCODS, Mangalore along with its sister institutes is determined to find the best way forward.

-Dr Nanditha Sujir


Activities Covid Era

Webinar

Dr. Aman Sher Singh, 1990 batch Alumna was the resource person for a Continuing Professional Development Webinar, conducted by Institutional Academic Reputation Cell, on the 26th June 2020. The topic was 'Design your future", a wellness session where she discussed about stress management, motivation, time management and impactful impression. The program was attended by 175 delegates that included students, interns and faculty along with few alumni.



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**Institutional Academic Reputation Cell
&
ARMCODS Mangalore** 

Cordially invites you to the

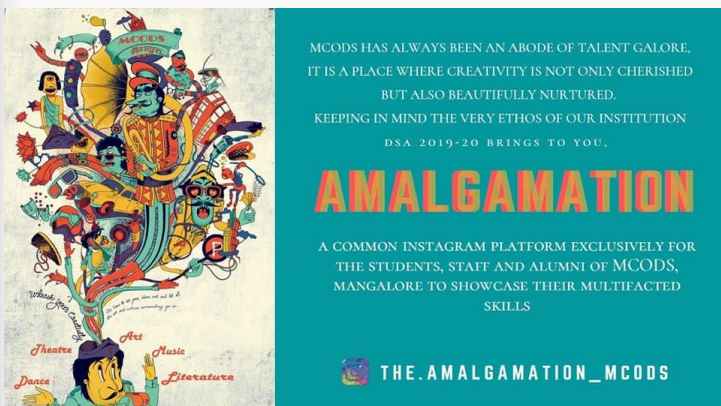
Continuing Professional Development Webinar

DESIGN YOUR FUTURE

*A wellness session on stress management, motivation,
time management and impactful impressions*

by
Dr. Aman Sher Singh


Social Media initiatives



MCODS HAS ALWAYS BEEN AN ABODE OF TALENT GALORE,
IT IS A PLACE WHERE CREATIVITY IS NOT ONLY CHERISHED
BUT ALSO BEAUTIFULLY NURTURED.
KEEPING IN MIND THE VERY ETHOS OF OUR INSTITUTION
DSA 2019-20 BRINGS TO YOU,

AMALGAMATION

A COMMON INSTAGRAM PLATFORM EXCLUSIVELY FOR
THE STUDENTS, STAFF AND ALUMNI OF MCODS,
MANGALORE TO SHOWCASE THEIR MULTIFACETED
SKILLS

 **THE.AMALGAMATION_MCODS**

The student council MCODS, Mangalore took the initiative to start an Instagram account that showcases various artistic and literary talents of the staff and students of MCODS, Mangalore

Publications



**DILIP G NAIK, DEAN, MANIPAL COLLEGE OF
DENTAL SCIENCES**



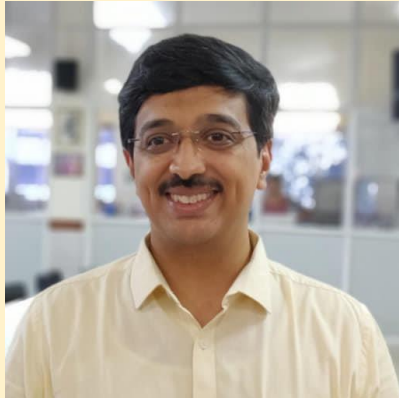
MEDICINE.CAREERS360.COM

Expert tips on emerging trends in dental education by
Dilip G Naik, Dean, Manipal College of Dental Sciences,...

An interview with Dr Dilip Naik, Dean, MCODS, Mangalore as featured in medicine.careers360.com

Invited Guest Lectures

Dr Padmanabhan, Consultant Pedodontist organised a Instagram live session on Practical Oral Sedation with Dr Ashwin Rao, Associate Professor, Paedodontics and Preventive Dentistry on 13th April, 2020



Dr Srikant N, Professor and Head, Department of Oral Pathology and Microbiology, was invited as guest speaker for IQAC Webinar organised by Sri Ramachandra Institute of Higher Education and Research on the topic " Learning Objectives and Learning Outcomes in Medical/Health Sciences Education on 29th June, 2020

Dr Ravikiran Ongole, Professor and Head, Department of Oral Medicine and Radiology was invited as guest speaker for the 4th National Rapid review in Oral Medicine and Radiology program conducted Sri Ramachandra Institute of Higher Education And Research on 14th March, 2020.



Also, Dr Ravikiran Ongole, was invited as guest speaker for webinar program conducted by the Clinical Society Committee and Student Academic Forum of Sri Ramachandra Dental College, Porur, Chennai on 25th May, 2020 for the topic Oral Manifestations of Systemic Diseases



Dr Nanditha Sujir, Reader, Department of Oral Medicine and Radiology, was invited to make a video on Oral Manifestations on Covid by Dr Deepesh Prajapati for his YouTube channel Dental Care for Kids

Alumni Corner



Dr. Shyamala Karnam

Alumnae Batch of 1993.

She completed her Post Graduation with a Gold medal in the subject of Oral and Maxillofacial Pathology and Oral Microbiology from Government Dental College and Research Institute, Bangalore. Having done a study on Biology of cancer from John Hopkins University, USA. She is currently leading a research project under a grant provided by RGUHS. **She has developed a "rapid tissue processing technique" which slashes the processing time by 88% from routine conventional method for which she has been granted a Patent by Indian Patent Office.** She is currently a faculty in Rajarajeshwari Dental College and Hospital, Bangalore

Alumni Feature

EXPERIENCE OF A LIFETIME!! - Dr Raviraj

Its 4 am in the morning, and I am still at work, wearing PPE and screening patients in a designated covid hospital, screaming at the top of my lungs, at an overwhelming number of clueless, tired, hungry migrant workers who have walked miles to their native place and reached their Govt district hospital. I feel for them, but damn! I am tired too!! Its been eight hour since my shift began. I feel frustrated and hopeless. But I cant tell them my shift is done. I cant tell them that there aren't enough doctors to screen them and so they have to wait for hours, and I definitely cant tell them I am a dentist by profession, who doubts his capabilities to deal with this pandemic. I have been trained recently through a few workshops to screen and handle suspected COVID positive patients. However, facing medical complications far beyond the realms of my specialty, I cant help but wonder.... Am I ready to treat these patients? I am Dr Raviraj, a dental specialist working in Govt district hospital, Gumla; a district known for migration of laborers. When I was assigned these special covid duties, my mortal fears were at its peak and I was worried for me and my family whose responsibility I carry. I started out annoyed and rebellious. But when I saw those workers who were facing innumerable challenges for survival, who suffer beyond words can describe; seeing their helplessness, their poverty, the fear in their eyes, I couldn't help but feel a sense of responsibility. IF NOT ME THEN WHO???? This moral obligation has given me the courage to venture out of the boundaries of dentistry. It has made me realize the true meaning of a health care professional and service to humanity. In a pandemic like this roles have changed. Professors and scholars and many more are no longer confined to their defined roles. We as a society need to accept this and rise to face this challenge. I am not just a dentist, I am a frontline corona warrior. Being a dentist I am proud to have tried my best to save lives and fight this pandemic for my people, my country, and this feeling is something that I will cherish for all my life.



Dr Raviraj

Alumnus Batch of 2004

Dental officer. District Hospital, Gumla.

Department of health and family welfare. Government of Jharkand



Congratulations!!



Dr. Dilip. G. Naik, Dean, Manipal College of Dental Sciences, Mangalore, was appointed as the **Pro Vice Chancellor, MAHE Mangalore Campus** with effect from July 1, 2020.



Dr. Ashita S. Uppoor, Associate Dean, Manipal College of Dental Sciences Mangalore was appointed as the **Dean of MCODES, Mangalore** effective from July 1, 2020.

Newly appointed Heads of Department



Dr Tilak Shetty
Professor and Head
Department of
Prosthodontics and Crown
& Bridge



Dr Neeta J Shetty
Professor and Head
Department of
Periodontology



Dr Supriya Nambiar
Professor and Head
Department of
Orthodontics

Stay Safe!

Dr Ravikiran



Dr Junaid



Dr Ceena



Dr Shenoy



Dr Almas



Dr Sujir



Dr Navya



Dr Deepali



Dr Priyanka



Dr Mohana



Dr Namrata



Dr Kripa



Dr Anvesha



Dr Sabiha



Mrs Hilda



Mrs Usha



Mrs Bhageerathi



Mr Yashwanth



Mrs Nisha



Ms Uma



Team Oral Medicine & Radiology



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