



COMMUNIQUÉ

Newsletter of Manipal College of Dental Sciences, Mangalore

EDITORIAL

It is my privilege to be the Guest Editor of the second issue of *Communiqué*, the newsletter of MCOADS Mangalore. *Communiqué* brings all the present and past students together and closer to their alma mater. This episode showcases our department, **Paedodontics & Preventive Dentistry**. It's a subject that thrills and excites many. Our department is known for its vibrant and cheerful faculty.



I strongly believe in “**Prevention Is Better than Cure**” and with this in mind, we have initiated a Smile Preventive Program. This program has two components, **Smile - Clinic** and **Smile - School**. Smile - Clinic is aimed at providing preventive care to children through risk assessment and anticipatory guidance. Smile - School is to have monitored tooth brushing for children at school. We are also in the process of collaboration with University of Portsmouth, UK for the Smile - School program.

I appreciatively acknowledge all the support and inputs received from all my faculty with special thanks to Dr. Karuna YM for beautifully editing the whole issue. We have combined the activities of the college along with that of alumni and our department. The team also has taken efforts to compile a few additional sections to make it an interesting read.

I also thank, Mr. Siddharth Maitra, III BDS student who has put together the emotions of our department through a cartoon. I take this opportunity to record my gratitude to our Dean, Dr. Dilip Naik for his continuous support and also appreciate the support of Dr. Mohan Baliga and Dr. Ashita Uppoor, Associate Deans, MCOADS, Mangalore.

We are waiting for your feedback and suggestions at pedodontmcoadsmir@manipal.edu.

Dr. Arathi Rao

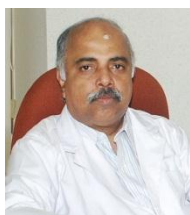
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ACTIVITIES

"The dictionary is the only place where success comes before work."

Vince Lombardi



Guest lecture

Dr. Karthik Shetty (Additional Professor, Department of Conservative Dentistry) delivered a talk –‘**Magnification in Dentistry**’ as a Guest speaker at the Indian Dental Association Dakshina Kannada Branch Continuing Dental Education program Held on 28th August, 2016 at the IMA HALL, Mangalore.

Oral hygiene day program

Oral Hygiene day program was conducted in an old age home by **Dept. of Periodontology**, MCOADS, Mangalore, on 1st August, 2016 at Vatsalyadhama. Dr. Deepa G Kamath, Professor and Head and Dr. Neetha Shetty, Associate Professor explained the importance of oral hygiene among the geriatric patients.



A Role play was done by the interns and postgraduates of department of Periodontology. The role play depicted the various causes of halitosis and its treatment, dentinal hypersensitivity, dental caries and also stressed on the importance of regular dental checkup. This was followed by an Oral health checkup for all the inmates of the old age home. Tooth brushes and toothpastes which were sponsored by Colgate Palmolive Pvt Ltd were distributed among the inmates.



Guest lecture

Dr. Dilip G Naik delivered a guest lecture “**Curriculum innovations in dental program - The Manipal experience**” at the National conference on changing trends in health professional education at Sri Balaji Vidyapeeth University, Pondicherry.



Webinar Series on Dentistry: A Global Perspective

On the **17th of September, 2016**, MUSRF MCODS Mangalore, hosted its first on a series of webinars on “Dentistry: A Global Perspective” titled “**Current Scenario of Dentistry in Australia**”, on 17th September 2016 as part of a series to be continued through the year. The webinar was a Q and A session on The Practice of Dentistry in Australia. The esteemed speaker was **Dr. Ramaprasad Natarajan** who has over 16 years of clinical experience 7 of which were in Australia.

On **23rd September 2016**, MUSRF MCODS, Mangalore conducted another webinar at the medical education hall. The focus this week was on United States of America with the speaker being **Dr. Roli Rajvanshi** who is also an alumnus of MCODS. The talk was attended mainly by interns and dealt with the various advantages and disadvantages of a dentistry career in the USA.



Dr. Roli Rajvanshi summarised the entire process to 20 steps which the students agreed was very helpful.

Induction Ceremony 2016-17

The induction ceremony of the newly elected council for the year 2016-17 was held on 30th September, 2016 at Lecture Hall 1, Attavar Campus. The elected council comprises Anahita Deo (President), Shweta Bhambhu (General Secretary), Debatri Basu (Treasurer), Isha Jalvi (Sports Secretary), Suhani Jindal (Cultural Secretary), Sunaina Shyam (Magazine Editor), Ashwita Deb (Lady Representative). It is for the **first time** in the history, MCODS, Mangalore is having **ALL GIRLS’ STUDENT COUNCIL**.



Annual seminars and award ceremony of MUSRF

Manipal University Student Research Forum of MCOADS, Mangalore successfully completed one year of its functioning and conducted an Annual Seminar and Awards Ceremony to commemorate on 1st October, 2016 at Marena Sports Complex, Mangalore.

The Commissioner of Police, **Shri. M. Chandra Sekhar**, IPS was the Chief Guest for the event and **Dr. Sanjeev M. Patil**, Deputy Commissioner of Police (Crime and Traffic), Mangalore City was the Guest of Honour. **Dr. V. Surendra Shetty**, Pro Vice Chancellor Manipal University presided over the event. Following the welcome address by Dr. Ravikiran Ongole, Staff Mentor of the Forum, Ms. Sanchitha Chandar, the President of the forum gave the annual report for the year 2015-16 and also mentioned about the future plans of the forum.

Shri. M. Chandra Sekhar, IPS, addressed the gathering and stressed upon the importance of



scientific research for the development of the country. **Dr. Dilip G. Naik**, Dean MCOADS, Mangalore congratulated the team for their successful term and encouraged more students to take up research as part of their academic activities. Dr. V. Surendra Shetty gave his words of encouragement to the students and gave them an insight into the research incentives provided by Manipal University.

Top student achievers in the field of research during the academic year 2015-16 were felicitated along with the Research Coordinators of the forum for their contribution. The newly elected team for the year 2017 was introduced and Dr. V. Surendra Shetty handed over their respective badges. The ceremony was followed by a talk on “Essential Laws for Students” by Dr. Sanjeev M. Patil which was well received by the 250 students who attended the event.

Certificate Awarding Ceremony

Certificate Awarding Ceremony of Certificate Course in Restorative Dentistry to the candidates of 2015-2016 batch was held on 4th October, 2016 at Lecture Hall 1, Attavar Campus. **Dr. V Surendra Shetty**, Pro Vice Chancellor, Manipal University presided over the ceremony and awarded certificates to the candidates.



Annual Retreat

The **Annual Retreat** of the Heads of the department and the Professors was held at HeritageVillage, Goa from 7th to 9th October 2016. Total of 35 members including family attended the retreat. Dr. Raghu Radhakrishnan, Deputy Director Research (Health Sciences) represented the Manipal University. He briefed on the activities of the Research Directorate office along with all the Heads of the departments who made presentations.



School dental health programme



The 2nd year postgraduates of **Department of Paedodontics and Preventive Dentistry, MCODS, Mangalore** with the help of the 1st year postgraduates and interns of same department under the guidance of faculty and under the supervision of Dr. Karuna Y.M. and Dr. Anupama Nayak conducted **School dental health program – 2016** on 27th of October, 2016 at Lourdes Central School, Bejai. In one hour session

with the children of 3rd standard, the importance of maintaining a good oral health and the ways to achieve it were taught. After which a video with a song depicting a cartoon, brushing the teeth in the right way was played and enacted, where children finally stepped into the stage and danced with the song. Next, a small skit was enacted by the interns, which conveyed a message that sugar containing food items are harmful to teeth. A small quiz based on oral health was held later on for the children with the help of visual aids. Stickers were gifted to the little ones who came up with the correct answers. As the program concluded, a 'take home' message for the children comprising of few tips on maintenance of good oral health was given. Dr. Karuna Y.M delivered the vote of thanks addressing the school authorities, Principal and the class teachers who rendered help to carry forward the task smoothly. The teachers expressed their gratitude by handing over a 'Thank You' card as a token of appreciation.



CONTINUING PROFESSIONAL DEVELOPMENT PROGRAMMES

"Patience, persistence and perspiration make an unbeatable combination for success."

-Napoleon Hill

CPD program on "Outcome - Based Education"



The **Department of Dental Materials**, MCOODS, Mangalore has conducted a 2 hour CPD program on "Outcome - Based Education" on 4th July, 2016 at CDE Hall, Library Building. This program was conducted as the lead department for coordinating and implementing outcome based education in our curriculum.

The Resource person of the CPD was **Dr Arun Prakash**, Associate Dean, Faculty of Dentistry, Melaka-Manipal Medical College, Manipal. The Dean of MCOODS, Mangalore, Dr Dilip G. Naik outlined the importance of OBE in Dental curriculum followed by the session by Resource person.

The program was well received with 40 invited participants. The participants included Associate Deans of MCOODS, HODs of MCOODS, HODs of Pre and Para clinical departments of KMC, and all the faculty who are handling Pre clinical Dental subjects of both MCOODS and KMC.



Hands-on Dental Photography workshop on "Photodontics"

The **Department of Orthodontics and Dentofacial Orthopaedics**, MCOODS, Mangalore in association with the Center for Advanced Dental Education conducted a two day hands-on dental photography workshop on 3rd and 4th August, 2016. **Dr. Mayur Davda** who heads the Dental Photography School, Mumbai and is a Canon Photomentor was the resource faculty. The program was inaugurated by **Dr. Shuban Alva**, President, IDA Karnataka State Branch. The opening ceremony also witnessed the launch of the newly formed Center for Advanced Dental Education.

The program was conducted over two days. Day one included lectures and Q & A sessions. Participants were lent DSLR cameras and intra oral kits by Canon India, who were the principal sponsors of the program. The program was well received and attended by over 100 delegates from in and around Mangalore.



On day two, which was conducted at the typondont lab at Light house Hill campus, participants had the opportunity to interact with Dr. Mayur Davda and take extraoral as well as intra oral pictures alongside Dr. Davda. The hands-on workshop was attended by seventy two delegates.

CPD on “Multidisciplinary research”



The **Department of Public Health Dentistry, MCOADS, Mangalore** conducted a continuing professional development program on “Multidisciplinary research” on 9th August, 2016. The resource person for the event was **Dr. Amit Chattopadhyay**, Adjunct Professor, Oral and Maxillofacial Medicine and Diagnostic Sciences, Case Western Reserve University School of Dental Medicine, Cleveland, OH, USA.

The program was organized for all the postgraduate students at Manipal College of Dental Sciences, Mangalore. Dr. Amit enlightened the audience about the importance of multidisciplinary approach to research. The critical importance of designing a research project, check lists for drafting a research protocol, various aspects of implementation of research plan was discussed by the resource person. Dr. Ashita Upoor, Associate Dean, Manipal College of Dental Sciences, Mangalore, attended the event. The program was well appreciated by all the participants who received valuable insights about various aspects of multidisciplinary research.



Eye for Implantology – Hands on workshop

Department of Prosthodontics, MCOADS, Mangalore conducted a continuing professional Development Programme on “Eye for Implantology” on 10th August, 2016 at Medical Education Hall, Light House Hill Road, KMC, Mangalore. **Dr. Dilip G Naik** graced this occasion.

Dr. Shobha Rodrigues and Dr. Thilak Shetty elaborated on Diagnosis and treatment planning and anatomic considerations. **Dr. Mathai Joseph** explained Infection control methods. **Dr. Shobha Rodrigues** spoke on Implant surgical protocol. **Dr. Umesh Pai** spoke on Impression techniques in implantology and demonstrated closed and open tray impression techniques.



Following these talks, there was a hands on workshop for all the delegates on implant placement on mandibular models, suturing in models, and impression making with Pentamix system. **Dr. Arvind. R.** and **Dr. Joanna Baptist** demonstrated Suturing Techniques to the Participants. The programme was well received by the Audience.

ImpACT: IMPLementing Activities for Cessation of Tobacco

Department of Public Health Dentistry, Manipal College of Dental Sciences Mangalore has established a Tobacco Cessation Centre to address various issues related to tobacco use. To commemorate this event, a two-days capacity building and training program on tobacco cessation titled “ImpACT: IMPLementing Activities for Cessation of Tobacco” was organized by the department on 10th and 11th August, 2016 at Manipal College of Dental Sciences, Mangalore.



The aforementioned department has received support and encouragement from Karnataka Bank Ltd., towards conducting this inaugural program and also towards the establishment of the tobacco cessation centre at the institution. The inaugural program of the centre was held on 11th August, 2016.



Mr. Srinivas Deshpande, Chief Manager – Public Relations, Karnataka Bank Ltd., were also present on the occasion.

The Chief Guest of the function was **Mr. Subhaschandra Puranik**, General Manager, Karnataka Bank Ltd. Pro Vice Chancellor, Manipal University, Mangalore campus, **Dr. Surendra Shetty** presided over the function. **Dr. Anand Venugopal**, Medical Superintendent, KMC Hospitals, Mangalore was the Guest of Honour for the event. **Dr. Dilip G Naik**, Dean, MCODS, Mangalore, and

A team of experts from NIMHANS led by **Dr. Pratima Murthy** conducted a capacity building and training program for the participants. The team also included **Dr. Prabhat Chand Kumar**,

Additional Professor of Psychiatry, Centre for Addiction Medicine, Department of Psychiatry, NIMHANS and **Dr. Venkata Lakshmi Narasimha**, Post-Doctoral Fellow and Senior Resident, Centre for Addiction Medicine, Department of Psychiatry, NIMHANS. **Dr. Harsh Priya**, Assistant Professor, Division of Public Health Dentistry, Centre for Dental Education and Research, All India Institute of Medical Sciences (AIIMS), New Delhi also participated as a resource person. The program was well received by all the participants who received valuable training in various aspects of tobacco cessation.



This event was also attended by students, faculty members, Heads of the Departments of various institutions in and around Mangalore. The logo for the tobacco cessation centre “ImpACT: IMpLeMenting Activities for Cessation of Tobacco” was unveiled by the chief guest during the inaugural event.

Pedo App 2016'- CPD program

CPD program ‘Pedo App 2016’ by **Department of Paedodontics & Preventive Dentistry**, MCOADS, Mangalore on 17th August, 2016 at Lecture Hall 1, Attavar campus.



Dr. Ashita Upoor, Associate Dean, MCOADS, Mangalore graced the occasion as the Chief Guest. The chief guest also unveiled the Logo of the ‘SMILE’ preventive program. The program was attended by more than 90 delegates from the Departments of Paedodontics as

well as Public Health Dentistry of MCOADS, Mangalore and neighboring five dental colleges. Dr. Yashaswini Shetty was the MC for the program. Dr. Arathi Rao welcomed the audience and introduced them to the CPD program and the SMILE preventive program which is going to be launched soon in the department. Dr. Suprabha BS, Dr. Ashwin Rao and Dr. Karuna YM introduced the speakers. Dr. Yashaswini Shetty rendered the vote of thanks.

The speakers, **Dr. Latha Davda** and **Dr. Jitendra Ariga**, showcased the school oral health program carried out in their respective countries and also gave their inputs on carrying out a systematic school oral health program. **Dr. Rashmi Nayak** spoke on carrying out preventive program for child patients in dental clinic based on caries risk assessment. The event, which focused on Preventive Dentistry, was well appreciated by all the delegates.



Caries and Perio Risk Assessment

Department of Conservative Dentistry and Endodontics, MCOADS, Mangalore hosted a workshop on Caries and Perio Risk Assessment on 17th August, 2016 at Attavar premises. The Workshop was basically held to carry out a structure for risk assessment of dental caries and periodontal diseases. Head of the Department, Dr. Neeta Shetty welcomed the gathering that included the Chief Guest, Dr. Dilip Naik, Dean of MCOADS, Mangalore, and eminent speaker, **Dr. Latha Davda**, dignitaries, invitees, faculty members and students.



Dr. Latha Davda, conducted a workshop on Risk assessment for dental caries and Periodontal diseases. During the programme customized risk assessment form was planned. Various staff members from the departments of Periodontology, Pedodontics & Preventive Dentistry and Conservative Dentistry actively participated in the program.

“Morte Gauge”



Forensic dentistry refers to the application of dental knowledge in the delivery of justice either through criminal or civil laws. Forensic dentists help investigating agencies in identification of human remains and in determining age, gender etc.

The **Department of Oral Pathology and Microbiology**, MCOADS, Mangalore, Manipal University conducted “Morte Gauge” a continuing professional development programme in forensic dentistry which aimed to increase the awareness of medical and dental professionals in medico-legal situations. The program held on 24th August, 2016 at MCOADS, Attavar was presided by **Dr. Dilip G Naik**, Dean, MCOADS, Mangalore. **Dr. Mohammed Ibrahim**, Founding Dean, Faculty of Dentistry, UiTM Malaysia was the Guest of Honour.

The lecture by **Dr. Mohd Fadhli bin Khamis** (Deputy Dean, Faculty of Dentistry, University Sains Malaysia, and renowned Forensic Odontologist, PhD Australia) on disaster victim identification (DVI) was titled ‘OP Reunites’ and provided an insight into the role of dental records in victim identification and verification. The talk focused on his work in identification of victims of the Vietnam War who were temporarily laid to rest in Malaysia. **Dr. Shailja Chatterjee** (Professor, Dept. of Oral Pathology, MM College of Dental Sciences, MM University, Mullana, Haryana) elaborated on the role of Polymerase Chain Reaction (PCR) in the field of Forensic Dentistry.

The interactive Quiz on trivia and technicalities of Forensic Odontology was conducted by **Dr. Karen Boaz**, Professor and Head, Dept. of Oral Pathology, MCOADS, Mangalore. The program was well received by the medical and dental fraternity alike thus contributing to its grand success

MI dentistry: the contemporary approach to dental caries management.



included the Chief Guest, **Dr. Dilip G Naik**, Dean of MCOADS, Mangalore, and eminent speaker, **Dr. Avijit Banerjee**, dignitaries, invitees, faculty members and students.

Dr. Dilip G Naik, Dean of MCOADS, Mangalore, highlighted the importance of Minimal Intervention Dentistry in the field of dental caries and the latest technologies involved with the field to help in further enhance the use of these to modify the outcome.

Dr. Avijit Banerjee, Professor of Cariology & Operative Dentistry / Hon. Consultant & Clinical Lead, Restorative Dentistry; KCL Dental Institute at Guy's Hospital, London is also an eminent speaker in the field of Minimal Intervention Dentistry. He delivered a lecture and his thoughts on conservation of tooth structure and preservation of pulpal vitality. His work in this field highlighted the use of Biodentine as a Pulp capping agent, and the use of Glass ionomer cements as a restorative material. He also enhanced the use of latest methods of caries excavation and management of the same.



MAX Facts 2016- Emergency Skills for Dentists



The Department of Oral & Maxillofacial Surgery, MCOADS, Mangalore conducted a Continuing Professional Development program MAX Facts 2016- Emergency Skills for Dentists, on 8th September 2016. This program was also conducted as part of Smile Project of Manipal University which aims to train dentists on Basic Emergency and Surgical Skills.

Dr. Anand Venugopal, Medical Superintendent and Unit Chief at KMC Hospitals, Mangalore was the Chief Guest of the inauguration. The Guests of Honour were **Dr. Dilip G Naik**, Dean, MCOADS, Mangalore & **Dr. M Venkatraya Prabhu**, Dean, KMC, Mangalore. **Dr. Premalatha Shetty**, Professor &

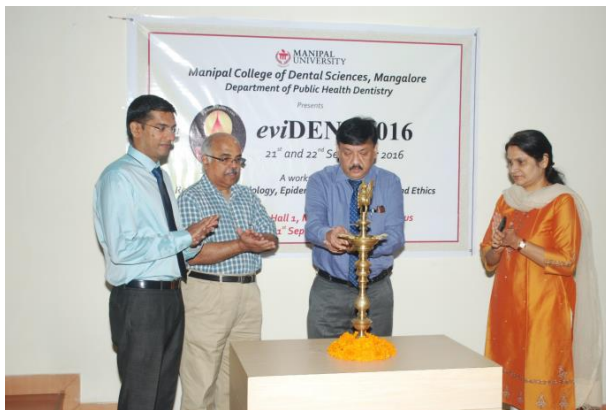
Head, Department of Oral & Maxillofacial Surgery, MCOADS, Mangalore welcomed the gathering and stressed on the importance of preparation and training to handle medical emergency during dental treatment.

The guest speakers included **Dr. John T Ramapuram**, Professor & Unit Chief, Dept. of General Medicine, KMC Mangalore who presented ‘Standard Precautions & Needle Stick Injuries’; **Dr. Jeedhu Radhakrishnan**, Consultant, Emergency Medicine, University Medical Centre, KMC Hospital, Mangalore - ‘Medical Emergencies in Dental Clinics’; **Dr. Madhusudhan Upadya**, Professor & Unit Chief, Department of Anesthesiology, KMC, Mangalore - ‘Do’s and don’ts of Parental Injection Techniques’ .



The talks were followed by 2 days of hands-on workshop on Basic Life Support and Parenteral Injection techniques. Further it is planned to conduct similar hands-on workshop for private dental practitioners of undivided Dakshina Kannada district, shortly.

“eviDENS – 2016”- Workshop on Research Methodology, Epidemiology, Biostatistics and Ethics



The **Department of Public Health Dentistry**, Manipal College of Dental Sciences, Mangalore had conducted a Workshop on Research Methodology, Epidemiology, Biostatistics and Ethics - “eviDENS – 2016” on 21st and 22nd September 2016 at Lecture Hall 1, MCOADS Attavar Campus. It was attended by a total of 100 participants, which included post graduate students, house surgeons & faculty members.

This workshop has been organized successfully by the department from the past 3 years and this year’s program was the fourth year in succession that it was being conducted. This program was open for house surgeons in our institution who were interested in participating in the workshop. It was also open for post graduate students, faculty members from neighboring institutions. The resource persons for the program were faculty members of our own Department, **Dr. Ashwini Rao**, **Dr. Rajesh G**, **Dr. Ramya Shenoy** and **Dr. Mithun Pai**, who led the participants on an interactive and entertaining 2 day journey of



Epidemiological study designs, biostatistics, evidence based research and essentials of writing a protocol. There was also an interactive session into Mendeley, the reference writing software and Turnitin, a software to check for plagiarism.

Another guest speaker of the workshop was **Dr. Unnikrishnan**, Associate Dean of KMC, Mangalore who was very effective in his session on Ethics in Research.

A very good feedback was obtained from the participants. The program was well appreciated by one and all. The participants were also credited with 12 KSDC points for the 2 day program.



Orthognathic like Orthodontics- a two-day Micro-implant symposium.

The **Department of Orthodontics and Dentofacial Orthopaedics, MCOODS, Mangalore** in association with the Center for Advanced Dental Education successfully conducted a two day lecture and hands on course; Orthognathic like Orthodontics on 14th and 15th October, 2016.

The program was inaugurated by the Dean, **Dr. Dilip G Naik**. The welcome address was

delivered by the Head of the Department, **Dr. Siddarth Shetty**. The first day included lectures and discussions based on treated cases. **Dr. Vijay Baswa** (Consultant Orthodontist, Kuwait) spoke about the use of TAD's to achieve orthognathic treatment like results. **Dr. Rajaganesh Gautam** (Professor, Rangoonwala Dental College) spoke on the biomechanics of TAD's and **Dr. Abhisek Ghosh** (Director, Great Lakes Orthodontics, Kolkata) spoke about



treatment mechanics using TAD's.

The second day of the program comprised of the hands on program where delegates were given the opportunity to place TAD's on typodonts. Clinical oriented discussions also took place followed by a Q&A session with the speakers.

More than 100 delegates from far and wide attended the event which was held at the Marena hall. The program was well appreciated by the delegates.



CULTURAL AND SPORTS EVENTS

"Culture relates to objects and is a phenomenon of the world; entertainment relates to people and is a phenomenon of life"

Hannah Arendt

Sholay 2016

The most awaited event of the year the Diwali Party was themed 'Sholay' by the council of 2016-17. The event was honored by chief guests **Dr. Manoj Verma**, Dean and **Dr. Lavanya Verma**, Associate Dean of Srinivasa Dental College who are also alumni of MCOADS Mangalore. The event started off with Invocation and lamp lighting. The theme was introduced by the Cultural secretary Ms. Suhani Jindal. Then Ms. Shweta Bhambhu, Gen sec, introduced TRAQUER 2017 which is a customized MCOADS calendar designed by students for the purpose of DISHA fundraising. The chief guests and **Dr. Mohan Baliga** addressed the gathering. The official event ended with a vote of thanks by Ms. Ashmita Deb, Lady Representative.

It was followed by one minute games. The tambola was conducted by Ms Pallak Razdan, an intern which was thoroughly enjoyed by all the students and staff. Dinner was served to a crowd of 350 by Chef on wheels, the food was well-appreciated by students and staff. The DJ played foot tapping songs till 10:00 pm. The night ended with a song dedicated to the interns who were having their last Diwali Party in this college.



Manipal University Table Tennis Tournament 2016

Inter collegiate Table Tennis tournament was hosted by MCOADS, Mangalore at Marena on 10th of September, 2016. The event commenced with the inaugural function, presided by **Dr. V. Surendra Shetty**, Pro Vice Chancellor, Manipal University as the chief guest and **Dr. M.V. Prabhu**, Dean, KMC Mangalore as the guest of honor. The occasion was also graced by the presence of **Dr. Dilip G. Naik**, Dean, MCOADS Mangalore; **Dr. Satish Mallya**, Sports Co-ordinator, Manipal University; **Mr. Rajeev M**, Director of Physical Education and DSA of host college.

The event witnessed earnest and enthusiastic participation from the colleges under Manipal University comprising of 5 students per team. The tournament which consisted of 5 sets each with all the colleges participating as per the slots drawn was conducted. Participants followed strict guidelines according to which each match won awarded 11 points to the representing team.

The tournament concluded with a dramatic finish wherein **MIT A (Men’s)** and **KMC, Mangalore (Women’s)**, won the gold medal. **MIT B (Men’s)** and **FOA (Women’s)** were the first runners up.

The winners were felicitated in a valedictory ceremony which was held on the same day. The chief guest, **Dr. Ashita Uppoor**, Associate Dean, MCOCS Mangalore offered encouraging words to all the participants.



LAURELS

“The achievement of one goal should be the starting point of another.”

Alexander Graham Bell.

UNDERGRADUATES

The best editing award

MCOCS, Mangalore was awarded “THE BEST EDITING” for their short film titled “**The Silent Assassin**” which was shown in the **IAOMR National UG Conference 2016** at JDT Campus, Vellimadukunnu on 16th October 2016. Around 50 colleges from all over India had participated in this event. The theme of the short film was “ORAL CANCER”. The editing team comprised of **Dr. Devyani Bahl, Dr. Gayatri Rajeev, and Dr. Abhipsa Roy.**



POSTGRADUATES



Dr. Zeena V. D Costa, Final Year Post graduate of Oral Medicine and Radiology department won the **best paper award** for the paper titled “Targeting the blood group antigens in oral potentially malignant and malignant lesions” at the **National PG Convention in Oral Medicine and Radiology held at New Delhi** from 19th - 21st August, 2016.

Congratulations!



Dr. Fatema H. Lukmani, Second Year Post graduate of Oral Medicine and Radiology department has won **third prize** for the **paper** titled “Assessment of buccal cortical plate thickness in maxillary and mandibular posterior dentate areas using CBCT” at the **National PG Convention in Oral Medicine and Radiology held at New Delhi** from 19th-21st August, 2016.



Dr. Neetha G. Shenoy, first year Postgraduate in the Department of Conservative Dentistry and Endodontics, secured **First prize** in the **essay competition** conducted by the **Indian Society of Periodontology**. The award was given to her during the inaugural ceremony of the 41st annual conference at Nagpur on the 21st October, 2016.



Dr. Nunna Sai Chithra, Post graduate in the Department of Oral Pathology and Microbiology has won **1st prize** for **paper** presentation titled “Accuracy of ABO blood grouping from the Dental Pulp” at the **14th National Conference, Indian Association of Forensic Odontology** held on 23rd-24th September, 2016 Chandigarh.



Dr. Sowmya Sridhar, First year post graduate student of Department of Paedodontics and Preventive Dentistry, has won the **Best Poster award** for scientific poster titled “Numb at the press of a thumb!” at the **38th Annual National Conference of Indian Society of Pedodontics and Preventive Dentistry**, held from 20th-22nd October, 2016 at Kochi, Kerala.

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FACULTY

"The average teacher explains complexity; the gifted teacher reveals simplicity"
Robert Brault



Dr. Suprabha B.S,
Professor,
Department of Paedodontics and
Preventive Dentistry.

Has won the **Best Paper award** for scientific paper titled "Effect of bonding protocol type on pit and fissure sealants retention" at the **38th Annual National Conference of Indian Society of Pedodontics and Preventive Dentistry**, held from 20th- 22nd October 2016 at Kochi, Kerala.

Has received a **Certificate award** for outstanding contribution as a Reviewer in recognition of contribution made towards quality of journal by the **Journal of Indian Society of Paedodontics & Preventive Dentistry** in co-operation with Indian Society of Pedodontics & Preventive Dentistry for the year 2015-16

Congratulations!

ALUMNI

It is indeed a matter of great pride for any institution to see their alumni excelling in their career. We congratulate them and wish them great success.



Dr. VA. Afzal
(Batch of 1988)
Dean, AL Azhar Dental College,
Thodupuzha, Kerala

Dr. Rahul Chhajlani
(Batch of 1991)
Represented India at the 4th Central
Asian Plastic Surgery Conference held on
May at Tashkent, Uzbekistan.



Dr. George P John
(Batch of 2002)
Dean, Mar Basalious Dental
College, Kothamangalam, Kerala



SPORTS

MCODS, Mangalore has participated in **Yenepoya Cricket league** which was held from 23rd to 27th October, 2016 and won the 2nd position in the tournament (**RUNNERS UP**)



CONGRATULATIONS

MISCELLANEOUS

"The most important thing in communication is hearing what isn't said."

Peter F. Drucker.

FROM DR. LATHA DAVDA'S BLOG

Dr. Latha Davda, Clinical Director, University of Portsmouth Dental Academy, UK is an adjunct faculty of MCOADS, Mangalore. Here are her expressions when she was interviewed by our team:

1. Your relation with MCOADS, Mangalore?

Former Assistant professor, in the Department of Oral and Maxillofacial Surgery since 1993-1996. Currently, working as an adjunct visiting faculty since 2012.

2. Will you recommend this college for obtaining degree and patient care? Why?

Yes, MCOADS is way ahead of other Universities in India and the education is excellent. Patient care is good and patients have access to all specialties of dentistry.

3. According to you what is the strength of this college?

The main strength of this college is its academic, clinical and support staff who always go out of their way to make this a better place for education and patient care. The college at the same time is supported by a visionary management team which is constantly trying to raise the standards and compete at a global level.

4. One unforgettable memory/ experience of yours associated with this institution.

There are several unforgettable memories and incidents associated with MCOADS that will stay with me forever. While working in the department of OMFS, I rushed in my TVS scooter to the hospital in Bejai to attend an emergency of bleeding from an extraction socket. He was admitted and a diagnosis of haemophilia was made. The drug tranexemic acid needed as a part of treatment was very expensive for the patient to afford it. Next day



in my lecture I mentioned this to the class of BDS students. To my utmost delight a few of the students immediately got together and raised enough money to treat this patient as a result of which the bleeding stopped and patient survived. The patient however gave the credit of his cure to his local 'bhoota' (the spirit) that he believed in, which made me smile then and makes me smile now on how life is such a leveller.

5. MCOADS, Mangalore in one sentence-

MCOADS, Mangalore is a vibrant, inclusive and forward thinking college.

6. Your working experiences in U.K as a Clinical director, University of Portsmouth Dental Academy-

I have worked at University of Portsmouth Dental Academy for the past 10 years as a clinical and academic teacher. The role of Clinical Director is an administrative and strategic post. Although it is challenging, I love the fact that I can influence the direction of

the school and thereby dental education of the entire dental team in UK. I have a very dedicated, well organized team of reception staff, admin staff, dental nurses and teachers who make my job easy and enjoyable. I learn something new every day.

7. How do you think the working environment in India is different from that of U.K?

The best aspects of working in U.K are the meticulous planning and forward thinking of organizations. People are very professional in the workplace and their attention to detail is great. I have always strived to achieve the best in me and I found the environment in U.K very supportive. The best thing in India is that people are hardworking, innovative and flexible. They are willing to take risks, but the negative side being personal and professional lives tend to overlap.

8. Considering the prevailing facilities in India, how do you think you can apply your knowledge in our set up as an Adjunct Professor?

I am very fortunate to have worked in India and in UK and continue to do so. This gives me a global perspective of dental profession and in turn aid in knowledge transfer. The challenge is to create local solutions to local problems using international experience. That is my expertise.

ALUMNI MEET



The **Department of Orthodontics and Dentofacial Orthopaedics** in association with the Center for Advanced Dental Education organized a two day workshop; Orthognathic like Orthodontics on 14th and 15th October, 2016. All the three resource persons for the workshop were alumni of the department. The speakers for the course were Dr. Vijay Baswa, Consultant Orthodontist, Kuwait; Dr. Rajaganesh Gautam, Professor, Rangoonwala Dental College and Dr. Abhisek Ghosh, Director, Great Lakes Orthodontics, Kolkata.

A highlight of the program was the presence of an all alumni panel of speakers. The event was attended by several alumni from across India and abroad. A total of 19 alumni from various batches met and attended the event which was held at the MARENA sports complex in Mangalore

The alumni members held a get together dinner at the Village Restaurant, Mangalore.

NON TEACHING STAFF TRAINING

Non teaching staff training was conducted on 17th July, 2016 at Medical Education Hall, Light House Hill Campus by MCOODS, Mangalore.



AND... HERE GOES THE FACULTY POLL.. (AS ELECTED BY INTERNS)



DICTIONARY



CHATTER BOX



MR. TIP TOP



MISS. TIP TOP



MISS TRANSFORMATION



HAPPY GO LUCKY



COLGATE SMILE



In a lighter note...

SWATCH BHARATH ABHIYAN

With the mission of keeping the surrounding clean, students of MCO DS, Mangalore with the support of teaching and non-teaching faculty conducted Swatch Bharath Abhiyan on 27th September, 2016 at Light House Hill Campus



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SPOTLIGHT ON THE DEPARTMENT

“Creativity is intelligence having fun”

Albert Einstein



“Be passionate about children and treat them holistically”, this sums up the **Department of Paedodontics and Preventive Dentistry** which was established in 1987 at MCODES, Mangalore. After obtaining DCI recognition in 1991, the department has made leaps and bounds in child patient management, undergraduate and postgraduate teaching and research.

The clinical and academic activities of the department ranges from prevention of dental caries, restorative and pulpal treatment of primary and young permanent teeth, preventive and interceptive orthodontic treatment, and comprehensive management of medically compromised children. Research activities in collaboration with many institutions such as Kasturba Medical College, Manipal Institute of Technology, Manipal University Technology Incubator, National Institute of Technology, Surathkal and Manipal College of Pharmaceutical Sciences and has resulted in the outcome of more than 100 research papers.

As the Founder Head of the Department, Dr. Sudha P, laid the foundation for the curriculum. The School Dental Health Programme started under her leadership, has not only served the masses, but also helped students in honing their clinical skills. Even today, the department continues the tradition of service to the community by involving government and aided schools in a well-organized dental programme.

The alumni of this college fondly remember the contributions of Dr. Vinod Thomas, Late Dr. Damodhar Prabhu, Dr. Anil Thaliath, Dr. Sham Bhat, Dr. Sham Sundari; faculty who worked in this department during its infancy. Through their expertise, knowledge and passion for teaching, they laid the foundation for quality, be it clinical work or academics. The department was further nurtured by Dr. Balgopal Verma, Dr. Divya Thomas, Dr. Abi Thomas, Dr. Sherene Alexander, who kept up with the advances in the practice of pediatric dentistry and incorporated in the curriculum and practice. As years went by, Dr. Suryakanth Pai, Dr. Sapna Hegde, Dr. Ullal Anand Nayak, Dr. Varghese Chacko joined the department as faculty and brought with them, new perspectives in teaching, patient care and research.

The untiring efforts of the faculty, right from the inception of the department in rendering quality education to students, has mirrored in well placed alumni both within India as well as abroad, in countries like USA, UK, Gulf countries, Australia, Malaysia and Nepal



From Left side: Dr. Yashaswini S Shetty, Lecturer;
Dr. Karuna Y M, Assistant Professor;
Dr. Ashwin Rao, Associate Professor;
Dr. Arathi Rao, Professor and Head;
Dr. Suprabha B S, Professor;
Dr. Anupama Nayak P, Assistant Professor;
Dr. Savitha S Shenoy, Lecturer

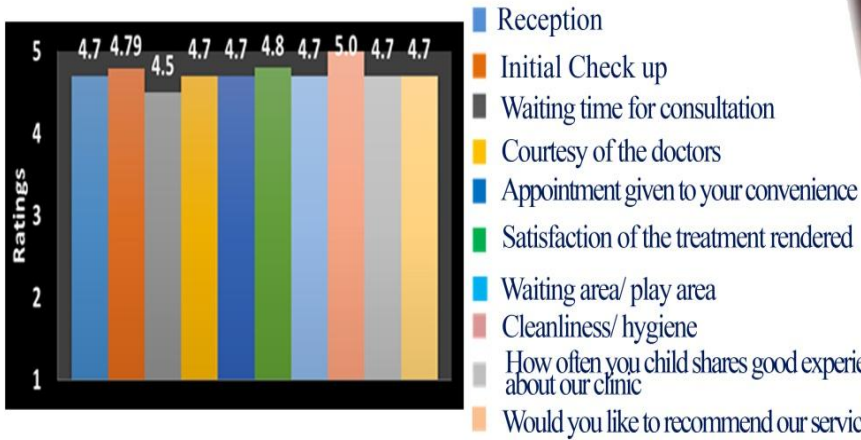
**PARENTS PERCEPTION ON DEPARTMENT OF PAEDODONTICS AND PREVENTIVE DENTISTRY
MANIPAL COLLEGE OF DENTAL SCIENCES, MANGALORE**

AIM: To assess the views and opinions of parents regarding the services rendered by the Department of Paedodontics & Preventive Dentistry, MCOADS, Mangalore.

MATERIALS AND METHODS: A total of 80 Feedback forms consisting of 10 particulars related to services rendered, ambience of the clinic and influence on their child with rating levels from 1 to 5, were distributed in two campuses (Attavar and Light house hill). Filled forms were collected and statistically analyzed.

RESULTS: Average grading score of 4.7 was obtained. (for more details refer the graph)

CONCLUSIONS: OVERALL A THUMBS UP FROM PARENTS!!!!!!



Cartoon by: Siddarth Maitra, 3rd BDS

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