

## KASTURBA HOSPITAL, MANIPAL

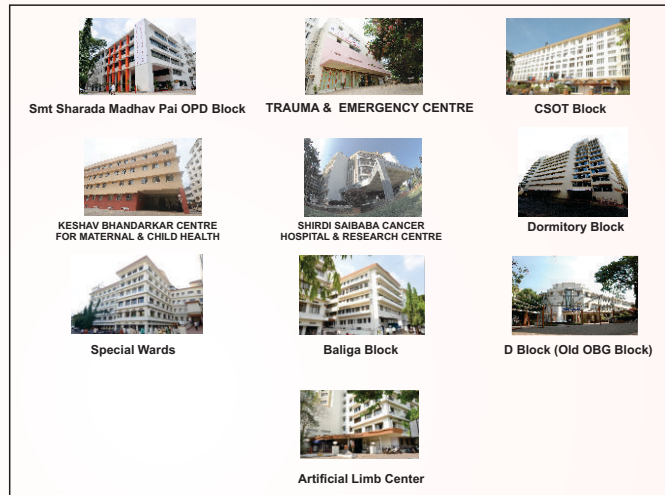


- Kasturba Hospital, Manipal has emerged as a premier healthcare institution providing quality tertiary care to patients - both domestic and international with 2032 beds.
- It is the teaching hospital attached to Kasturba Medical College, Manipal an associate hospital of Manipal University and is managed by Manipal Health Enterprises Pvt.Ltd Systems.
- The state-of-the-art facilities across every department with sophisticated diagnostic and therapeutic care at an affordable cost in the basis of treatment at Hospital.
- The pharmacy of Hospital has an updated generic based formulary providing high quality affordable drugs.
- The services expanded were with an exclusive Trauma and Emergency Centre with diagnostic facilities for emergency services under one roof to provide the patients with excellent care at the earliest.
- Integrated Mother and Child Centre opened for comprehensive care of Women, children and neonates with all the latest and sophisticated facilities.

### Accreditations & Certifications

- Kasturba Hospital is the first Medical College Hospital in Karnataka to get the prestigious Accreditation from National Accreditation Board for Hospitals & Health Care Providers (NABH) on 14 September 2009.
- It is ISO 9001:2008 and ISO 14000:2004 certified for QMS/EMS displaying the strong commitment to continuously improve the quality of services provided to the patients.
- In The Week - Nielsen Survey conducted in November 2016 Kasturba Hospital has been awarded the 4th Rank in Best Specialty Hospitals - South Zone.
- Achieved the Guinness World Record for 'The Most Participants in Hand Sanitizing Relay' held on 15th October, 2016.
- Winner of the Commendation Certificate for Performance Excellence from IMC Ramakrishna Bajaj National Quality Award 2014 - 2015.

## MAIN BLOCKS



### Services available

- ▶ Orthopaedics
- ▶ Neurology
- ▶ Neuro Surgery
- ▶ Cardiology
- ▶ Cardiothoracic Surgery
- ▶ Medical Oncology
- ▶ Surgical Oncology
- ▶ Radiotherapy & Oncology
- ▶ Nuclear Medicine
- ▶ Urology
- ▶ Nephrology
- ▶ In-Vitro Fertilization (MARC)
- ▶ Emergency Medicine
- ▶ Gastroenterology
- ▶ Obstetrics & Gynaecology
- ▶ Anaesthesiology
- ▶ Paediatrics
- ▶ Paediatric Surgery
- ▶ Neonatology
- ▶ Ophthalmology
- ▶ ENT
- ▶ Plastic Surgery
- ▶ Chest & Allergy
- ▶ Skin & STD
- ▶ Clinical Genetics
- ▶ General Surgery
- ▶ General Medicine
- ▶ Psychiatry
- ▶ Clinical Psychology
- ▶ Radio Diagnosis
- ▶ Interventional Radiology
- ▶ **Support services**
- ▶ Dental Surgery
- ▶ Physiotherapy
- ▶ Occupational Therapy
- ▶ Speech & Hearing
- ▶ Artificial Limb Centre
- ▶ Ayurveda
- ▶ Yoga

#### Helpline

Emergency : +91 820 2575555  
 Help Desk : +91 820 2922761  
 Enquiry : +91 820 2571201  
 Appointment : +91 820 2571967  
 Customer care : +91 820 2923188

Kasturba Hospital, Manipal - 576104

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KASTURBA HOSPITAL  
MANIPAL

An associate Hospital of Manipal University



# MULTI SPECIALITY CLINICS



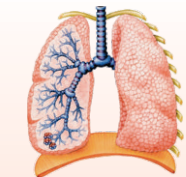
DIABETES CLINIC



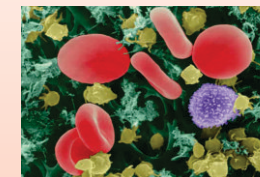
HYPERTENSION CLINIC



GERIATRIC CLINIC



COPD CLINIC



IMMUNOLOGY CLINIC



THYROID CLINIC



HIV CLINIC



OBESITY CLINIC

# DIABETES CLINIC

Monday to Saturday  
2.30 pm to 5.00 pm



Prevalence of Diabetes in India is increasing by great proportions. One out of every 6 patients in any medicine OPD suffer from diabetes. Uncontrolled diabetes leads to many complications involving the heart, kidney, eyes, nerves and brain leading to permanent disabilities and mortality. Care of Diabetes does not end with prescribing drugs.

We are committed to provide comprehensive care to our diabetics in collaboration with physiotherapists for foot care and exercise, and nutritionists regarding healthy and balanced dietary advise. Ophthalmologists, Nephrologists and Cardiologists will be involved to manage diabetic complications. In addition, educators will help patients in day to day management of their disease.

# HYPERTENSION CLINIC

Every Tuesday  
10.00 am to 1.00 pm



In this era of economic affluence, lifestyle associated diseases have emerged to be a threat to mankind. Along with diabetes and obesity, hypertension is the most important cause of morbidity and mortality. The goal of this hypertension clinic is to provide comprehensive evaluation of hypertension, lifestyle modification and patient education thereby improving overall quality of life of hypertensive patients.

# GERIATRIC CLINIC

Every Thursday  
10.00 am to 1.00 pm



There is tremendous increase in ageing population requiring medical care. Generally this population suffers from multiple medical problems like diabetes mellitus, hypertension, psychological problems, joint and mobility problems. Caring of elderly is a highly specialized service involving multiple disciplines. In order to provide a quality comprehensive care for elderly population (age > 65 years). Geriatric clinic is being started in the department of medicine in collaboration with Psychiatry and allied science departments.

# COPD CLINIC

Every Monday  
10.00 am to 1.00 pm



Chronic obstructive pulmonary disease is the 4th leading cause of death all over the world. Smoking is the most important risk factor for COPD. Multidisciplinary approach to the management of COPD - combining expert medical services with nutritional counseling, respiratory therapy, oxygen education, COPD awareness and smoking cessation with assistance from Psychologists. We also highlight the importance of pneumococcal and influenza vaccination to these patients.

# IMMUNOLOGY CLINIC

Every Friday  
10.00 am to 1.00 pm



The goal of the immunology clinic is to provide a comprehensive evaluation and consultative services for patients with joint problems like Rheumatoid arthritis and related diseases. These diseases require regular follow up and expert care which will be provided by the clinic. Physiotherapy and occupational therapy services will be available for patients attending this clinic.

# THYROID CLINIC

Every Monday & Saturday  
10.00 am to 1.00 pm



Thyroid disorders are one of the most common endocrine diseases in India. If undetected it can lead to severe complications including death. We started the thyroid clinic to set up preventive strategies, provide health education and efficient management of thyroid diseases which requires regular monitoring thyroid function tests.

# HIV CLINIC

Every Wednesday & Saturday  
10.00 am to 1.00 pm



HIV is a disease which is rapidly spreading among the communities all over India. HIV clinic will organize twice weekly as per schedule. It will involve comprehensive care of all HIV positive patients including counselling, education and management issues and social aspects. HIV patients and their care givers will be counseled about preventive aspects of HIV.

# OBESITY CLINIC

Every Friday  
10.00 am to 1.00 pm



Excess body weight is a multifactorial medical problem predisposing the person to various diseases and compromising quality of life. Overweight, obesity and unhealthy life style are spreading in epidemic proportion across the social and geographical strata. Prevention, intervention and systematic management of body weight and healthy lifestyle are the key for the effective management of most of the chronic diseases. In this background Manipal weight optimization and lifestyle centre is being established. We will guide you to maintain ideal weight and live a healthy joyful life.