



KASTURBA MEDICAL COLLEGE

MANIPAL

A constituent unit of MAHE, Manipal

I MBBS Foundation Course - Program Schedule Batch 2019- 2020

“A” Batch – 1 to 125, “B” Batch – 126 to 250

Date	Day	8.30 am to 9.30 am	9.30 am to 11 am	11 am to 1.00 pm	L u n c h	2.00 pm to 3.00 pm	3.0 0 pm to 4.0 0 pm	4.00 pm to 5.00 pm	
1/8/2019	Thursday	Inauguration: Med Orient 2019					Meeting with Mentors Dr. Shobha Kamath, Dr. Vinod C. Nayak, Dr Arvind Pandey		
2/8/2019	Friday	Introduction : CBME and MBBS program (S/N 1 to 250) *S/N : serial number	Introduction: AETCOM (S/N 1 to 250)	Campus tour (MARENA, sports facilities, Lecture complex , library, experience theatre , anatomy museum)		Campus tour continue...			
3/8/2019	Saturday	<ul style="list-style-type: none"> • What does it mean to be a doctor? (S/N 1 to 125) Interact • Group Dynamics / meet and greet (S/N 126 to 250) 		Hospital visits and Basic Science departments visits		Hospital visits and Basic Science departments' visits continue...			
4/8/2019: Sunday									

Date	Day	8.30 am to 9.30 am	9.30am to 11 am	11 am to 1.00 pm	L u n c h	2.00 pm to 3.00 pm	3.00 pm to 4.00 pm	4.00 pm to 5.00 pm
5/8/2019	Monday	<ul style="list-style-type: none"> • Group dynamics/ meet and greet (Registration no. 1 to 125) • What does it mean to be a Doctor? (S/N 126 to 250) 		<ul style="list-style-type: none"> • Gender sensitivity (S/N 1 to 125) • Build your stamina (S/N 126 to 250) 		<ul style="list-style-type: none"> • Gender sensitivity (S/N 126 to 250) • Build your stamina (S/N 1 to 125) 		
6/8/2019	Tuesday	<ul style="list-style-type: none"> • What kind of a learner are you? (S/N 1 to 125) • Be Safe! (S/N 126 to 250) 		Talk from student council - Peer mentors (How we learn medicine: Experience Sharing) (S/N 1 to 250)		Being a Doctor (S/N 1 to 250)	Doctor as a researcher (S/N 1 to 250)	History of Medicine (S/N 1 to 250)
7/8/2019	Wednesd ay	<ul style="list-style-type: none"> • Be Safe! (S/N 1 to 125) • What kind of a learner are you? (S/N 126 to 250) 		<ul style="list-style-type: none"> • 3 D (Dream , Desire & Destiny) (S/N 1 to 125) • Stress management (S/N 126 to 250) 		ECA		

Date	Day	8.30 am to 9.30 am	9.30am to 11 am	11 am to 1.00 pm	L u n c h	2.00 pm to 3.00 pm	3.00 pm to 4.00 pm	4.00 pm to 5.00 pm	
8/8/2019	Thursday	<ul style="list-style-type: none"> • Health care system and its delivery (S/N 1 to 125) • Introduction to alternate healthcare system in the country: (S/N 126 to 250) 	<ul style="list-style-type: none"> • Foundation of Communication I- Session I : (S/N 1 to 125) • Patient safety & Biohazard safety (S/N 126 to 250) 	<ul style="list-style-type: none"> • 3 D (Dream , Desire & Destiny) (S/N 126 to 250) • Stress management (S/N 1 to 125) 		<ul style="list-style-type: none"> • Language enhancement program (S/N 1 to 125) • Computer skills (S/N 126 to 250) 		Sports	
9/8/2019	Friday	<ul style="list-style-type: none"> • Health care system and its delivery (S/N 126 to 250) • Introduction to alternate healthcare system in the country (S/N 1 to 125) 	<ul style="list-style-type: none"> • Foundation of communication I- Session I : (S/N 126 to 250) • Patient safety & Biohazard safety - (S/N 1 to 126) 	<ul style="list-style-type: none"> • Medical ethics (S/N 1 to 125) • Time management (S/N 126 to 250) 		<ul style="list-style-type: none"> • Language enhancement program (S/N 126 to 250) • Computer skills (S/N 1 to 125) 		Sports	
10/8/2019	Saturday	Field visits to community health centers					SDL (BLS and first aid		

11/8/2019 Sunday

12/8/2019 Holiday

Date	Day	8.30 am to 9.30 am	9.30 am to 11 am	11 am to 1.00 pm	L u n c h	2.00 pm to 3.00 pm	3.00 pm to 4.00 pm	4.00 pm to 5.00 pm
13/8/2019	Tuesday	<ul style="list-style-type: none"> • Universal precautions and vaccinations (S/N 1 to 125) • National health heath priorities and policies (S/N 126 to 250) 	<ul style="list-style-type: none"> • Documentation and the medical record (S/N 1 to 125) • Waste management & sensitization on environment issues (S/N 126 to 250) 	<ul style="list-style-type: none"> • Medical ethics (S/N 126 to 250) • Time management (S/N 1 to 125) 				<ul style="list-style-type: none"> • Language enhancement program (S/N 1 to 125) • Computer skills (S/N 126 to 250)
14/8/2019	Wednes day	<ul style="list-style-type: none"> • Universal precautions and vaccinations (S/N 126 to 250) • National health heath priorities and policies (S/N 1 to 125) 	<ul style="list-style-type: none"> • Documentation and the medical record (S/N 126 to 250) • Waste management & sensitization on environment issues (S/N 1 to 126) 	<ul style="list-style-type: none"> • Intro to BLS & first Aid (S/N 1 to 125) • Interpersonal relationships (S/N 126 to 250) 				<ul style="list-style-type: none"> • Language enhancement program (S/N 126 to 250) • Computer skills (S/N 1 to 125)
15/8/2019 : Thursday – Independence Day								
16/8/2019	Friday	<ul style="list-style-type: none"> • International collaborations and opportunities (S/N 1 to 125) • International collaborations and opportunities (S/N 126 to 250) 	<ul style="list-style-type: none"> • Introduction-What does it mean to be a Patient (S/N 126 to 250) • Introduction-What does it mean to be a Patient (S/N 1 to 125) 	<ul style="list-style-type: none"> • Intro to BLS & First Aid (S/N 126 to 250) • Interpersonal relationships (S/N 1 to 125) 				<ul style="list-style-type: none"> • Language enhancement program (S/N 1 to 125) • Computer skills (S/N 126 to 250)
17/8/2019 : Third Saturday – Holiday								
18/8/2019 : Sunday								
19/8/2019	Monday	<ul style="list-style-type: none"> • BLS- Session (S/N 1 to 60) 						

		<ul style="list-style-type: none"> • First Aid- Session- Module I (S/N 61 to 121) • First Aid- Session- Module II (S/N 122 to 182) • Shadowing the Doctor (S/N 183 to 250) 	
20/8/2019	Tuesday	<ul style="list-style-type: none"> • BLS- Session (S/N 183 to 250) • First Aid- Session- Module I (S/N 1 to 60) • First Aid- Session- Module II (S/N 61 to 121) • Shadowing the Doctor (S/N 122 to 183) 	
21/8/2019	Wednesday	<ul style="list-style-type: none"> • BLS- Session (S/N 122 to 182) • First Aid- Session- Module I (S/N 183 to 250) • First Aid- Session- Module II (S/N 1 to 60) • Shadowing the Doctor (S/N 61 to 121) 	
22/8/2019	Thursday	<ul style="list-style-type: none"> • BLS- Session (S/N 61 to 121) • First Aid- Session- Module I (S/N 122 to 182) • First Aid- Session- Module II (S/N 183 to 250) • Shadowing the Doctor (S/N 1 to 60) 	
23/8/2019	Friday	<ul style="list-style-type: none"> • Language enhancement program (S/N 126 to 250) • Computer skills (S/N 1 to 125) 	Sports
24/8/2019	Saturday	Field visits to community health centers : Community Medicine	ECA
25/8/2019 : Sunday			

Date	Day	8.30 am to 9.30 am	9.30am to 11 am	11 am to 1.00 pm	L u n c h	2.00 pm to 3.00 pm	3.00 pm to 4.00 pm	4.00 pm to 5.00 pm
26/8/2019	Monday	<ul style="list-style-type: none"> • Doctor –Patient relationship and Role Play (S/N 1 to 125) • Innovations in Medicine (S/N 126 to 250) 		<ul style="list-style-type: none"> • Study and Learning skills (S/N 1 to 125) • What can the student expect and expectation from student: (S/N 126 to 250) 		<ul style="list-style-type: none"> • Language enhancement program (S/N 1 to 125) • Computer skills (S/N 126 to 250) 		
27/8/2019	Tuesday	<ul style="list-style-type: none"> • Doctor –Patient relationship and Role Play (S/N 126 to 250) • Innovations in Medicine (S/N 1 to 125) 		<ul style="list-style-type: none"> • Study and learning Learning skills (S/N 126 to 250) • What can the student expect and expectation from student: (S/N 1to 125) 		<ul style="list-style-type: none"> • Language enhancement program (S/N 126 to 250) • Computer skills (S/N 1 to 125) 		
28/8/2019	Wednes day	<ul style="list-style-type: none"> • Intro to E-learning Learning Management system, E pad, biometric, SIS (S/N 1 to 125) • Intro to Impartus (S/N 126 to 250) 	<ul style="list-style-type: none"> • Intro to E-learning – Learning Management system, E pad, Biometric,SIS- (S/N 126 to 250) • Intro to Impartus (S/N 1 to 125) 	<ul style="list-style-type: none"> • Language enhancement program (S/N 1 to 125) • Computer skills (S/N 126 to 250) 		Sports		

Date	Day	8.30 am to 9.30 am	9.30am to 11 am	11 am to 1.00 pm	L u n c h	2.00 pm to 3.00 pm	3.00 pm to 4.00 pm	4.00 pm to 5.00 pm
29/8/2019	Thursday	<ul style="list-style-type: none"> E-learning (S/N 1 to 60) SIS (S/N 61 to 121) Biometric (S/N 122 to 182) E Pad (S/N 183 to 250) 		<ul style="list-style-type: none"> E-learning (S/N 183 to 250) SIS (S/N 1 to 60) Biometric (S/N 61 to 121) E Pad (S/N 122 to 182) 		<ul style="list-style-type: none"> Language enhancement program (S/N 126 to 250) Computer skills (S/N 1 to 125) 		
30/8/2019	Friday	<ul style="list-style-type: none"> E-learning (S/N 122 to 182) SIS (S/N 183 to 250) Biometric (S/N 1 to 60) E Pad (S/N 61 to 121) 		<ul style="list-style-type: none"> E-learning (S/N 61 to 121) SIS (S/N 122 to 182) Biometric (S/N 183 to 250) E Pad (S/N 1 to 60) 		ECA		
31/8/2019	Saturday	Cadaver as a first teacher		Talent Show (Sports/ECA/Reflections on foundation course)				

Subjects / Contents	Hours allotted in the foundation course
1. Orientation	30 hours
2. Professional development including ethics	44 hours
3. Skill module	35 hours
4. Field visit to community health center	09 hours
5. Sports and extracurricular activities	22 hours
6. Enhancement of language and computer skills	40 hours
Total hours	180 hours