



KASTURBA MEDICAL COLLEGE

MANGALORE

(A constituent unit of MAHE, Manipal)

ANEMIA AWARENESS PROGRAMME

Organized by: Department of Community Medicine, Kasturba Medical College (KMC), Mangalore, Manipal Academy of Higher Education.

Date: 22/02/2023

Time: 10:00am to 12:00 pm

Venue: Primary Health Centre, Kateel

Resource person:

1. Dr. Paarth Garg, Postgraduate, Department of Community Medicine, Kasturba Medical College, Mangalore.

Team Members:

1. Dr. Harika Babburi, Postgraduate, Department of Community Medicine, Kasturba Medical College, Mangalore.
2. Mrs. Kavitha Shetty, Health Educator, Rural Health Training Centre Kateel, Department of Community Medicine
3. Mr. Rahul, Health Inspector, Rural Health Training Centre-Kateel, Department of Community Medicine

Total number of beneficiaries: 20

Target audience: ASHA workers

Brief summary:

Anemia awareness program was organized by Department of Community Medicine, Kasturba Medical College (KMC), Mangalore, Manipal Academy of Higher Education on 22nd February 2023 at Primary health center, Kateel where Dr. Paarth garg, Postgraduate and Mrs. Kavitha Shetty, Health Educator, Department of Community Medicine, Kasturba Medical College, Mangalore addressed the ASHA workers.

ASHA workers were briefed about the Anemia, How it effects the body, clinical features and the complications related to it. They were also briefed about the diagnostic methods, and management of the Anemia with drugs and along with the changes in dietary habits. There was also a brief discussion about the general nutritional deficiency among the school going children and women in reproductive age group with more emphasis on nutrition in pregnancy phase. Awareness talk was concluded with interactive question and answer session and with good participation from the participants.

PHOTOGRAPHS

